



BEAM progress chart

Block C (To be used for children identified as requiring small group work)

Child's name Class

Activity	Achievement at end of block	Date achieved
Curling up	Be able to keep head and feet off the floor for five seconds	
Stretching out	Aim to hold for five seconds	
Crab	Dribble bean bag length of mat	
Bottom lifts	Be able to lift bottom symmetrically	
Bottom walking	Bottom walk length of mat	
Elbow to knee	Able to cross midline	
Kneeling up	Walk backwards with control without shuffling	
Sitting with knees to one side	Able to carry out activity in a controlled way without assistance	
Kneeling – one foot forward	Able to rotate to either side without losing balance	
Skipping	Able to skip alternating feet	
Jumping	Able to jump over line five out of five times	

NB. Children should not progress on to the next block until all activities in this block have been achieved.